

Motivate yourself with love not fear #garyvee #shorts

<https://silosolo.com/291885>

Summary

The importance of self-love and motivation is discussed. Loving yourself is emphasized as a non-negotiable aspect of life, and fear and negativity are highlighted as short-term motivators.

Silo sample questions

- Why is it important to love yourself?
- How should one motivate themselves?

Topics

Self-love

Motivation

Key Takeaways

- Loving yourself is a default that everybody should work on every minute. It should be non-negotiable.
- Fear and negativity are a short-term motivator. Love and compassion are a forever game.

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